

STUDYING THE PSALMS OF ASCENT (Psalms 120-134)

Use this page to help you study and reflect on the Psalms during our series.

EARLY IN THE WEEK

Pray. Begin your time in God's Word with prayer. This reminds us that we depend upon the Holy Spirit to help us understand his word, and it reminds us that we actually meet with God here in his Word.

Read. Read the Psalm of the week. Let the text speak for itself before jumping into study tools, commentaries, and the like. Use the following questions to guide you through this first reading of the text.

What stands out to you? How are you impacted by this Psalm?

What is unfamiliar to you? What questions do you have?

What does the psalm tell us about God: about who he is, what he's done, and what he's like?

What does it tell us about ourselves? What does it reveal to you about yourself?

What does it tell us about following Jesus?

Study. Read the notes in your Study Bible that correspond to this psalm. Then re-read the Psalm with those notes in mind. What's new to you? How are you impacted by what you learn in the notes?

Respond to God. Spend time responding to him in prayer, song, by journaling, or some other means.

Take it with you. What is one thing you can take with you into your day from your time with God in his word? A thought, a challenge, a prayer, even a specific verse. Take something with you from your time in God's Word to reflect on throughout the day.

MID-WEEK

Join us for Evening Vespers on the Lawn (Wednesdays at 7:00 p.m. at the church). Each week's vesper's service throughout this series will center around that week's psalm.

Read the corresponding chapter from Eugene Peterson's *A Long Obedience in the Same Direction*.

LATER IN THE WEEK

Return to the psalm at least one more time later in the week.

Pray through the psalm.

Consider engaging with the text in other ways that might help the text sink into your heart: journaling, memorizing, copying the text, singing the text, and more. Taylor University and BibleGateway offer some suggestions for engaging the text through the Taylor University Center for Scripture Engagement ([click here](#) for an overview of different scripture engagement practices).

Join us for worship on Sunday morning, either in person or via our live stream or recording.

Participate in the book discussion at 10:00 a.m on Sundays via zoom.