

Bible Answers For Life's Questions
“What is Prayer & How Do We Do It?”

PERSONAL APPLICATION

Review the main lesson outline briefly

1. What is prayer to you? How do you view prayer? Discuss your personal practice of prayer (how, when, where) this will encourage others in your group.
2. Share some specific answers to prayer you have seen.

PRIVATE MEDITATION

Read the Scripture and identify 1 thought to take with you for that day
Write down your daily thought under each day

Monday – Matthew 6:5-15

Thought:

Tuesday – Matthew 14:22-33

Thought:

Wednesday – Luke 11:1-13

Thought:

Thursday – Philippians 4:6-8

Thought:

Friday – James 4:1-3

Thought:

Saturday – Psalm 127:1-5

Sunday – *Should we have children?*

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**What is Prayer and
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Luke 11:1-4

- I. What is prayer?**
 - a. The meaning of the word – "euchomai" to vow, to express a wish, to speak out, to desire earnestly.
 - b. To talk to God – Luke 11:11 = "Father"
- II. Four different types of prayer – 1 Timothy 2:1**
 - a. *Requests* = Greek word is "deesis" meaning to request.
 - b. *Prayers* = Greek word is "proseuche" meaning an earnest request (sincere)
 - c. *Intercession* = Greek word is "enteuxis" meaning to interview or intercede
 - d. *Thanksgiving* = Greek word is "eucharistia" meaning gratitude or worship to God
- III. Biblical characteristics of prayer? Matthew 6:9-13**
 - a. We are talking to our heavenly Father. Praise him for who He is.
 - b. We pray with a desire that God's will is done, not ours.
 - c. We are to ask for our needs.
 - d. We are to ask for forgiveness with a forgiving heart.
 - e. We are to ask for guidance, wisdom and protection from evil and temptation of Satan.
 - f. Realize Jesus and the Holy Spirit are helping us – Rom. 8:26-27, 34; 1 Tim. 2:5; Heb. 4:14-16
- IV. Practical instruction for prayer - Matthew 6:5-8**
 - a. Prayer is communication between you and God.
 - b. Prayer is talking to God not chanting.
 - c. Prayer is for us.

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- d. God already knows what we need.
- e. We should pray about everything – Philippians 4:6-7
- f. We can pray anytime, anywhere – Peter (Matthew 14:28-33)
- g. We should have regular times alone with God – Matthew 14:22-23
- h. Prayer should not be to satisfy our flesh – James 4:1-3

NOTES