

Session 2: Definition Part 2

Section 1 Definition

Quiz:

1. What is Biblical counseling?
2. What is the role of the Bible in Biblical Counseling?
3. What is the role of the Holy Spirit in Biblical counselling?
4. What is the role of the counselor?
5. What is the role of the counselee?
6. What is the role of the church?
7. What is the role of the Pastor?

Write Out Romans 15:14 How is it similar and dissimilar to other forms of counseling?

Why is this verse important to Biblical counseling?

Nouthetic Ministry Defined
Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 1 Definition

Definition: The verb (noutheteo) - means instruct, admonish, warn. The Theological Dictionary of the New Testament edited by Kittles states “noutheteo means to impart understanding. With the accusative of a person (direct object), it means to set right. With a double accusative (direct and indirect object), it means to set right or to have a corrective influence on someone. Socrates took aside someone who had unintentionally given a false account of something in order to instruct and warn him. Teach (didasko) means primarily to effect the intellect or to show how.” In contrast, noutheteo describes an effect on the heart that convicts the conscience, challenges the beliefs influencing the will. It assumes an opposition which has to be overcome. It seeks to put right what is wrong. The basic idea is well meaning earnestness with which one seeks to influence the mind and disposition by appropriate instruction, exhortation, warning, and correction.” The dominant meanings of noutheteo are to admonish, warn, soothe, remind, correct.” It takes place through verbal communication. It does not mean to punish, but through words, to appeal to the moral consciousness for the purpose of gaining a hold over a man and bringing him to conviction and repentance (Adapted from Kittles).

Verb Usage

Acts 20:31 (KJV) ³¹ Therefore watch, and remember, that by the space of three years I ceased not to warn every one night and day with tears.

Romans 15:14 (KJV) ¹⁴ And I myself also am persuaded of you, my brethren, that ye also are full of goodness, filled with all knowledge, able also to admonish one another.

1 Corinthians 4:14 (KJV) ¹⁴ I write not these things to shame you, but as my beloved sons I warn you.

Colossians 1:28 (KJV) ²⁸ Whom we preach, warning every man, and teaching every man in all wisdom; that we may present every man perfect in Christ Jesus:

Colossians 3:16 (KJV) ¹⁶ Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

1 Thessalonians 5:11-13 (KJV) ¹¹ Wherefore comfort yourselves together, and edify one another, even as also ye do.

¹² And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you; ¹³ And to esteem them very highly in love for their work's sake. *And* be at peace among yourselves.

1 Thessalonians 5:14 (KJV) ¹⁴ Now we exhort you, brethren, warn them that are unruly, comfort the feebleminded, support the weak, be patient toward all *men*.

2 Thessalonians 3:14-15 (KJV) ¹⁴ And if any man obey not our word by this epistle, note that man, and have no company with him, that he may be ashamed. ¹⁵ Yet count *him* not as an enemy, but admonish *him* as a brother.

Noun Usage: Kittles states, “The noun (nouthesia) means admonition, warning, and correction. It corrects while not provoking or embittering.”

1 Corinthians 10:11 (KJV) ¹¹ Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come.

Ephesians 6:4 (KJV) ⁴ And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.

Titus 3:10 (KJV) ¹⁰ A man that is an heretick after the first and second admonition reject;

Characteristics of Nouthetic Confrontation

Pastor Walt Willett Grace Baptist Church of Indianapolis

Section 1 Definition

- 1. Implies a problem - Titus 3:10 (KJV)** ¹⁰ A man that is an heretick after the first and second admonition reject;
- 2. Is a ministry of the Word - 1 Corinthians 10:11 (KJV)** ¹¹ Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come.
- 3. Is a ministry of the church - Colossians 3:16 (KJV)** ¹⁶ Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.
- 4. Is rooted in pastoral authority - 1 Thessalonians 5:11-13 (KJV)** ¹¹ Wherefore comfort yourselves together, and edify one another, even as also ye do. ¹² And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you; ¹³ And to esteem them very highly in love for their work's sake. *And* be at peace among yourselves.
- 5. Is part of pastoral duty - Romans 15:14 (KJV)** ¹⁴ And I myself also am persuaded of you, my brethren, that ye also are full of goodness, filled with all knowledge, able also to admonish one another.
- 6. Is person to person - Acts 20:31 (KJV)** ³¹ Therefore watch, and remember, that by the space of three years I ceased not to warn every one night and day with tears.
- 7. Is motivated by love - 1 Corinthians 4:14 (KJV)** ¹⁴ I write not these things to shame you, but as my beloved sons I warn *you*.
- 8. Involves training by word of mouth - Romans 15:14 (KJV)** ¹⁴ And I myself also am persuaded of you, my brethren, that ye also are full of goodness, filled with all knowledge, able also to admonish one another.
- 9. Is a part of parental ministry - Ephesians 6:4 (KJV)** ⁴ And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.
- 10. Is a part of church discipline - 2 Thessalonians 3:14-15 (KJV)** ¹⁴ And if any man obey not our word by this epistle, note that man, and have no company with him, that he may be ashamed. ¹⁵ Yet count *him* not as an enemy, but admonish *him* as a brother.
- 11. Is for the benefit of the counselee and the glory of God - Colossians 1:28 (KJV)** ²⁸ Whom we preach, warning every man, and teaching every man in all wisdom; that we may present every man perfect in Christ Jesus:

Summarize

Facts:

Emotions:

Beliefs:

Desires:

Whose ruling the Heart:

God:

Sin:

Unbelief:

The Need for Biblical Counsel

Pastor Walt Willett Grace Baptist Church of Indianapolis

Section 1: Definitions

1. Man needs counsel. Even before the fall, man needed counsel from God concerning his responsibilities, and life's dangers. – Gen. 2.
 - a. Without counsel from God, life is absurd and meaningless. - Ecclesiastes
 - b. Truly man does not live by bread alone but by every Word that proceeds from the mouth of God. – Matt. 4:4
2. Sin came into the world, when man turned from God's counsel to devilish counsel.
 - a. Only two kinds of counsel; God's or Satan's.
 - b. God's truth or Satan's lies.
3. Satan sought to overthrow God's counsel.
 - a. Satan cast doubt - Gen. 3:1
 - b. Satan distorted God's Word. - Gen. 3:2-3
 - c. Satan denied God's Word. - Gen. 3:4
 - d. Satan denounced God himself. - Gen. 3:5
 - e. Today, through the world and its so-called knowledge, which appeals to our flesh, Satan uses the same approach to distort God's counsel over and over again. - I Tim. 6:20-21.
4. Adam and Eve participated.
 - a. Listened to wrong counsel.
 - b. Became confused.
 - c. Bought the wrong counsel and rebelled against God.
5. Consequences:
 - a. Eternal – spiritual death.
 - b. Immediate –
 - 1) Gained the knowledge of good and evil.
 - 2) Gain guilt, separation from God and man, blindness, ran (escape), hid, tried to cover and blamed others.
 - c. Nature - Sin affected creation – Rom. 8:22, 2 Cor. 4:1-7
 - d. Future - We were all born sinners.
 - e. Today- All of our counseling problems are rooted in the fall and sin.
 - 1) We live in a fallen world.
 - 2) We are impacted by the sins of others.
 - 3) We are impacted by our own sin.
6. The spiritual war goes on.
 - a. God through the Holy Spirit, using the Word as ministered by the church, provides true counsel, and in that counsel tells us how to undo the wrong counsel.
 - b. Satan through the world's system, which includes secular institutions of learning, media and political bodies; entertainment industry distributes false, erroneous, and half true counsel.
 - c. The scientific method is limited by the noetic effect of sin, and according to Rom. 1 began when we refused to honor God as God and give thanks.
 - d. Truth corresponds to reality, is internally consistent, and works when applied to life situations. Satan's lies do not work when applied, because they are not truth.
 - e. Sinful-unregenerate man may stumble across some dimension of truth which he distorts because of sinful biases.
 - f. The same truth will be found in purer form in God's Word, which makes secular counseling knowledge non-essential for the Biblical counselor.
 - 1) Behavior modification rediscovered some Biblical principles (Deut. 27. 28; Prov. 20:30; Eph. 2:2-3).
 - 2) Depth psychology saw man's inner conflicts but wrongly described man's inner conflict (Gal. 5:16-23).
 - 3) Humanistic psychology created a poor substitute for Biblical love (I Cor. 13:4-8).
 - 4) Rational emotional therapy rediscovered the importance of thinking, but it did not tie it to God's truth.

g. Legitimate psychology may discover some things, but because they are kernels of truth they will be consistent with, illustrate, or amplify God's Word.

7. The battle for truth and error.

a. Truly all truth is God's truth.

b. All error is the devil's lie.

c. Modern so-called knowledge is not always true. Some of it contains the devil's lies.

d. Just as you cannot serve God and mammon; you cannot cling to God's truth while dabbling in the world's so-called knowledge.

e. Concerning issues God speaks of in His Word, we humbly accept, give thanks for His counsel, believe, and obey His counsel.

f. Concerning issues God does not speak of directly, we use the counsel He gives to judge all opinions.

8. Listening to God's counsel is the way to life and its blessings. – Psalms 1

The blessed man:

a. Does not seek out ungodly counsel, nor stand with those who have denied it nor sit with those who scorn God's counsel.

b. Instead, they delight in God's Word, and meditate on God's Word day and night.

c. God's counsel as revealed in the Word, gives life, makes us fruitful, and causes us to prosper in pleasing God and bringing glory to His name.

Summarize

Facts:

Emotions:

Beliefs:

Desires:

Heart Ruler:

God:

Sin:

Unbelief:

Why Should a Church Have a Biblical Counseling Ministry?

Pastor Walt Willett Grace Baptist Church of Indianapolis

Section 1 Definition

- I. Questions Pastor's often face.
 1. Counseling is not easy, but it is a great tool for evangelism and discipling.
 2. If it is time consuming and laborious, what are some questions, you may need to settle first?
- II. Why can't we just preach, and teach and pray?
 1. Our Lord commands us to go and make disciples in Matt. 28: 19-20.
 2. These verses command us to go and make disciples, teaching, praying for people individually and in small group attention. Our Lord used these methods and so did Paul in Acts 20:20.
- III. Won't I neglect other important areas of ministry?
 1. Biblical counseling can save time.
 2. Biblical counseling can make your preaching more relevant.
- IV. Won't the demand to counsel those outside my church become too great?
 1. It can, unless you keep your theology straight.
 2. You must schedule to prevent this.
- V. Don't they need a specialist?
 1. The church under the leadership of the Holy Spirit through the provisions God has made for us in Christ as revealed in the Word, can give the flock all they need for life and godliness –II Peter 1:3-5.
 2. We may not know how to find all of the answers or apply them to life, so we may have to turn to those who have more experience in using the tools God has given, but we have all of the tools.
- VI. Don't many pastors fall into moral sin through counseling?
 1. They fall through working with the organist and the church secretary also.
 2. Proper safeguards can be taken.
- VII. If I know my people's problems, won't they feel uncomfortable?
 1. Not if you help them to handle them well.
 2. If you are not pharisaical. I am not a super saint. I am growing also and have growth areas and sins that are a struggle for me.
 3. You promise not to tell stories or gossip.
 4. The ones who refuse to change ought to be uncomfortable.

Summarize

Facts:

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1 Tim. 6:20-21 King James Version
Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 1 Definition

Observe:

1. Read the text four times.
2. Identify the topic, thesis and main point.
 - a. Topic - Secular knowledge
 - b. Thesis - Guard the truth God has given you and avoid worldly chatter that contradicts the faith and appears as knowledge.
 - c. Development - Answers why? It can cause you to stray from the faith.

Interpret:

1. Literary style: Personal letter
2. Context: Timothy is the pastor of church at Ephesus which is being at by Gnostics.
3. Word study:
 - a. Guard - guard the deposit which is placed beside you.
 - b. avoiding - turn away from
 - c. the profane - unhallowed or profane
 - d. idle babblings - empty talk
 - c. contradictions - noun means a placing over against or in this case rival, conflicting ideas
 - d. falsely - pseudonym
 - e. called knowledge - gnosis or insight
 - d. by professing - believing it
 - e. strayed - missed the mark concerning the faith.
4. Figures of Speech:
5. Historical, geographical and cultural background: Paul had in mind the early Gnostics or Judaizers.
6. Author's Intended Meaning:
7. Other Scripture:

Application:

1. God's purpose: Teaching, reproof, correction, instruction in righteousness
2. Written for us or to us:
3. Given in universal principal or cultural form:
4. Know God better:
5. What response does God want of me?

Summarize

Facts:

Emotions:

Beliefs:

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God:

Sin:

Unbelief:

Speaking the Truth in Love
Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 1 Defintion

Biblical Counseling Is Speaking the Truth in Love so the person grows to recognize Christ as His Head in all things.
Ephesians 4:15 (KJV) But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:

Listen for:

<p>Facts:</p> <p>Feelings (Mad, sad, afraid or glad, love, hate):</p> <p>Beliefs:</p> <p>Desires:</p> <p>Ruling Heart:</p> <p>God:</p> <p>Sins:</p> <p>Unbelief:</p>
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Speaking the Truth in Love Responses:

<p>1. T- <u>Tell</u> me more.</p>
<p>2. R - How would you <u>reassure</u> the counselee or how would you relate to the counselee?</p>
<p>3. U (understanding) - I think this is what I hear you saying...</p>
<p>4. T What are the <u>teaching</u> methods might you use?</p>
<p>5. H (<u>Helping to evaluate</u>) What are ways to <u>help the counselee evaluate</u> the challenges here? What is their view or theology of God and have they invited God into life?</p>

7 DAYS IN THE WORD Week 2

Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 2 Similarities and Differences

2 Timothy 3:16-17 (KJV) ¹⁶ All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: ¹⁷ That the man of God may be perfect, thoroughly furnished unto all good works.

2 Timothy 3:16-17 (KJV) ¹⁶ All scripture (writing or document) **is given by inspiration** (breathed out) **of God, and is profitable** (useful, helpful or serviceable, *i.e.* advantageous) **for doctrine** (instruction, teaching or learning), **for reproof** (rebuking, conviction based on evidence that serves as proof), **for correction** (*a* straightening up again, *i.e.* (*figurative*) rectification, reformation), **for instruction** (paideuo); *tutorage*, *i.e.* *education* or *training*; by implication disciplinary *correction* :- chastening, chastisement, instruction, nurture) **in righteousness** (dikaios); *equity* (of character or act); specially (Christian) *justification* :- righteousness): ¹⁷ **That the man of God may be perfect** (fresh, complete), **thoroughly furnished** (thoroughly equipped) **unto all good works** (good toil or deeds accomplished.).

OBSERVE

DAY 1 Write the verse out on a 3x5 index card and read four times

DAY 2 Review the verse again and identify the topic, main point, and how the verse is developed- who? What? When? Where? Why?

INTERPRET

DAY 3 Context – Read and identify the context surrounding the verse.

DAY 4 Identify the literary style and grammar of the verse.

DAY 5 Look up the definition of key words in the Strong's Concordance

DAY 6 Fill out the verse meditation form.

DAY 7 Think about how you can make this verse a habit in your daily living.

Verse Meditation Form Based on II Tim. 3:16

Pastor Walt Willett Grace Baptist Church of Indianapolis

Section 2 Similarities and Differences

Name:

Date:

Verse:

Teaching: What is the teaching?

Reproof: What should I put off? What should I stop doing?

Correction: What should I put on? What should I start doing?

Instruction in Righteousness: What habits should I develop?

Case No. 2 Fearful

Pastor Walt Willett Grace Baptist Church of Indianapolis

Karen is a 25-year-old mother of two children. Her husband Ryan was very abusive toward her and their son. She decided to leave him for their safety. They were married five years ago. He continues to threaten to take the children. She believes he will kill her if he ever found out where she lives. They must go to court in one month and she is fearful that Ryan is going to receive visitation or custody. Karen says she will do anything to keep her children away from Ryan. She fears for their lives and safety of the children so she does not let the children out of her sight. The children are not aloud to go outside and play. She sleeps with a gun under her pillow and only sleeps on average two or three hours a night. She has attended church the past few months with a family member.

Listen for:

Facts:

Feelings (Mad, sad, afraid or glad, love, hate):

Beliefs:

Desires:

Ruling Heart:

God:

Sins:

Unbelief:

Speaking the Truth in Love Responses:

1. **T**- Tell me more.

2. **R** - How would you reassure the counselee or how would you relate to the counselee?

3. **U** (understanding) - **I think this is what I hear you saying...**

4. **T** What are the teaching methods might you use?

5. **H** (Helping to evaluate) **What are ways to help the counselee evaluate the challenges here? What is their view or theology of God and have they invited God into life?**

Listening Exercise 2 Fearful All the Time
Pastor Walt Willett Grace Baptist Church of Indianapolis

Six Key Elements

1. **Gather Data:** How would you gather more data by listening?

2. **Express Love:** How would you express love or establish involvement?

3. **Encourage:** How would you encourage or give hope?

4. **Discern:** Find the problem?

5. **Inform:** What portion of the Word would you teach?

6. What homework would you give to help them apply the Scripture?