

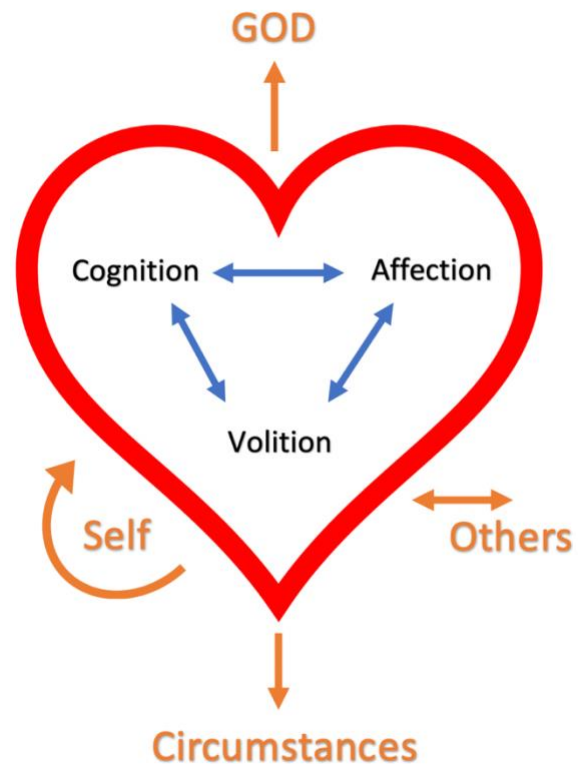
Overcoming Personal Struggles - Week 3

The Dynamic Heart

Introduction

Mark 7:20-23; Ephesians 6:6; 1 Peter 2:22

“The human experience is three-dimensional. The human heart responds cognitively, through rational processes based on knowledge and beliefs. It also responds affectively, through a framework of desires and emotions. It also responds volitionally, through a series of choices reflecting the willful commitments of the heart. These three aspects of the heart’s responses are all a part of how people were designed to worship God.”¹



Cognition – thinking, knowing, believing, reasoning, remembering, interpreting

Deuteronomy 15:9; Proverbs 23:7; Matthew 9:4; 2 Corinthians 4:6; Hebrews 4:12

Affection – desiring, valuing, feeling, emoting

Deuteronomy 14:26; Psalm 37:4; Matthew 6:21; Luke 24:32; Ecclesiastes 7:3; John 16:6; Psalm 119:111

¹ Jeremy Pierre, *The Dynamic Heart in Daily Life*, p. 12.

Volition – willing, deciding, intending, committing, acting

Deuteronomy 30:2; Proverbs 3:1; 7:25; Matthew 12:34; Romans 6:17; 1 Corinthians 7:37

The Worshipping Heart

Luke 10:27; Deuteronomy 10:12; Ephesians 5:1; Deuteronomy 11:16; Psalm 135:15-18; Romans 1:21-22, 25; 12:1-2; 1 Peter 1:14-15

The Controlling Heart

Isaiah 29:13; Ezekiel 14:3

Reflective Questions

1. What does my struggle reveal I actually believe about God in this situation?
2. What does my struggle reveal I desire and value?
3. What does my struggle reveal I am committed to?
4. What are the biblical truths that I need to embrace over and against any wrong beliefs, desires, values, and commitments?