

HOW TO-FOLLOW YOUR HEART

Proverbs 27:19

HOW TO Series

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Spiritual gifts, **Heart**, Abilities, Personality, Experiences

“As a face is reflected in water, so the heart reflects the person.” Prov. 27:19 (NLT)

HEART = your interests, passions, desires

“It is God who produces in you the desires and actions that please Him.” Phil. 2:13 (GW)

II. WHAT KEEPS ME FROM FOLLOWING MY HEART?

• _____
“Hope deferred makes the heart sick.” Prov. 13:12 (NIV)

• _____
“Anxiety in a man's heart weighs it down...” Prov. 12:25 (Amp)

• _____
“My sins have caught up with me so that I can no longer see....I have lost heart.” Psalm 40:12 (GW)

• _____
“When my heart was bitter and I was angry, I was senseless.” Psalm 73:21-22 (NCV)

• _____
“They cut me down with sharpened tinges; they aim their bitter words like arrows straight at my heart.” Psalm 64:3 (LB)

“Whatever you do, work at it with all your heart, as working for the Lord, not for men.” Col. 3:23 (NIV)

II. HOW DO I FOLLOW MY HEART?

1. _____

Jesus: "I am standing and knocking at your door. If you hear My voice and open the door, I will come in and we will eat together." Rev. 3:20 (CEV)

2. _____

"The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34:18 (NIV)

"I run in the path of Your commands, for You have set my heart free." Psalm 119:32 (NIV)

3. _____

"Be honest in your estimate of yourselves." Rom. 12:3 (NLT)

- What do I love to do?
- What do I dream of doing?
- What fascinates me? (I don't get bored)
- Where have I been most effective?

4. _____

"Desire without knowledge is not good, and to be overhasty is to sin and miss the mark." Prov. 19:2 (Amp)

"...you should meet together and encourage each other." Heb 10:25 (NCV)

5. _____

"Delight yourself in the Lord and He will give you the desires of your heart." Psalm 37:4 (NIV)

"You Lord, have given me greater joy than those who have abundant harvests of grain and wine." Psalm 4:7 (NLT)