

**Psalm 28**  
(ESV)

*The Lord Is My Strength and My Shield.*  
*Of David.*

1  
*To you, O Lord, I call;*  
*my rock, be not deaf to me,*  
*lest, if you be silent to me,*  
*I become like those who go down to the pit.*

2  
*Hear the voice of my pleas for mercy,*  
*when I cry to you for help,*  
*when I lift up my hands*  
*toward your most holy sanctuary.*

3  
***Do not drag me off with the wicked,***  
***with the workers of evil,***  
***who speak peace with their neighbors***  
***while evil is in their hearts.***

4  
*Give to them according to their work*  
*and according to the evil of their deeds;*  
*give to them according to the work of their hands;*  
*render them their due reward.*

5  
***Because they do not regard the works of the Lord***  
***or the work of his hands,***  
*he will tear them down and build them up no more.*

6  
*Blessed be the Lord!*  
*For he has heard the voice of my pleas for mercy.*

7  
*The Lord is my strength and my shield;*  
*in him my heart trusts, and I am helped;*  
*my heart exults,*  
*and with my song I give thanks to him.*

8  
*The Lord is the strength of his people;*  
*he is the saving refuge of his anointed.*

9  
*Oh, save your people and bless your heritage!*  
*Be their shepherd and carry them forever.*

**Question 145: What are the sins forbidden in the ninth commandment?**

**Answer:** The sins forbidden in the ninth commandment are, all prejudicing the truth, and the good name of our neighbors, as well as our own, especially in public judicature; giving false evidence, suborning false witnesses, wittingly appearing and pleading for an evil cause, outfacing and overbearing the truth; passing unjust sentence, calling evil good, and good evil; rewarding the wicked according to the work of the righteous, and the righteous according to the work of the wicked; forgery, concealing the truth, undue silence in a just cause, and holding our peace when iniquity calleth

for either a reproof from ourselves, or complaint to others; **speaking** the truth unseasonably, or maliciously to a wrong end, or perverting it to a wrong meaning, or in doubtful and equivocal expressions, to the prejudice of truth or justice; speaking untruth, lying, slandering, backbiting, detracting, tale bearing, whispering, scoffing, reviling, rash, harsh, and partial censuring; misconstruing intentions, words, and actions; flattering, vainglorious boasting, thinking or speaking too highly or too meanly of ourselves or others; denying the gifts and graces of God; aggravating smaller faults; hiding, excusing, or extenuating of sins, when called to a free confession; unnecessary discovering of infirmities; raising false rumors, receiving and countenancing evil reports, and stopping our ears against just defense; evil suspicion; envying or grieving at the deserved credit of any, endeavoring or desiring to impair it, rejoicing in their disgrace and infamy; scornful contempt, fond admiration; breach of lawful promises; neglecting such things as are of good report, and practicing, or not avoiding ourselves, or not hindering: What we can in others, such things as procure an ill name.

“...rash, harsh, and and partial censuring;”

**Genesis 38:24**  
(ESV)

24 About three months later Judah was told, “Tamar your daughter-in-law has been immoral. Moreover, she is pregnant by immorality.” And Judah said, “Bring her out, and let her be burned.”

**Romans 2:1**  
(ESV)

*God's Righteous Judgment*

2 Therefore you have no excuse, O man, every one of you who judges. For in passing judgment on another you condemn yourself, because you, the judge, practice the very same things.

“...misconstruing intentions, words, and actions;”

**Nehemiah 6:6-8**  
(ESV)

6 In it was written, “It is reported among the nations, and Geshem also says it, that you and the Jews intend to rebel; that is why you are building the wall. And according to these reports you wish to become their king. 7 And you have also set up prophets to proclaim concerning you in Jerusalem, ‘There is a king in Judah.’ And now the king will hear of these reports. So now come and let us take counsel together.” 8 Then I sent to him, saying, “No such things as you say have

*been done, for you are inventing them out of your own mind.”*

**Romans 3:8**

**(ESV)**

*8 And why not do evil that good may come?—as some people slanderously charge us with saying. Their condemnation is just.*

**Psalms 69:10**

**(ESV)**

10

*When I wept and humbled my soul with fasting,  
it became my reproach.*

[This was a erroneous reproach.]

**1 Samuel 1:13-15**

**(ESV)**

*13 Hannah was speaking in her heart; only her lips moved, and her voice was not heard. Therefore Eli took her to be a drunken woman. 14 And Eli said to her, “How long will you go on being drunk? Put your wine away from you.” 15 But Hannah answered, “No, my lord, I am a woman troubled in spirit. I have drunk neither wine nor strong drink, but I have been pouring out my soul before the Lord.*

**2 Samuel 10:3**

**(ESV)**

*3 But the princes of the Ammonites said to Hanun their lord, “Do you think, because David has sent comforters to you, that he is honoring your father? Has not David sent his servants to you to search the city and to spy it out and to overthrow it?”*

**“...flattering, vainglorious boasting, thinking or speaking too highly or too meanly of ourselves or others;”**

**“...flattering,”**

**Psalms 12:2-3**

**(ESV)**

2

*Everyone utters lies to his neighbor;  
with flattering lips and a double heart they speak.*

3

*May the Lord cut off all flattering lips,  
the tongue that makes great boasts,*

**“...vainglorious boasting,”**

**2 Timothy 3:2**

**(ESV)**

*2 For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy,*

**“...thinking or speaking too highly or too meanly of ourselves or others;”**

**Luke 18:9-11**

**(ESV)**

*The Pharisee and the Tax Collector*

*9 He also told this parable to some who trusted in themselves that they were righteous, and treated others with contempt: 10 “Two men went up into the temple to pray, one a Pharisee and the other a tax collector.*

*11 The Pharisee, standing by himself, prayed thus:*

*‘God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector.*

**Romans 12:16**

**(ESV)**

*16 Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight.*

**1 Corinthians 4:6**

**(ESV)**

*6 I have applied all these things to myself and Apollos for your benefit, brothers, that you may learn by us not to go beyond what is written, that none of you may be puffed up in favor of one against another.*

**Exodus 4:10-14**

**(ESV)**

*10 But Moses said to the Lord, “Oh, my Lord, I am not eloquent, either in the past or since you have spoken to your servant, but I am slow of speech and of tongue.”*

*11 Then the Lord said to him, “Who has made man's mouth? Who makes him mute, or deaf, or seeing, or blind? Is it not I, the Lord? 12 Now therefore go, and I will be with your mouth and teach you what you shall speak.” 13 But he said, “Oh, my Lord, please send someone else.” 14 Then the anger of the Lord was kindled against Moses and he said, “Is there not Aaron, your brother, the Levite? I know that he can speak well. Behold, he is coming out to meet you, and when he sees you, he will be glad in his heart.*

**“...denying the gifts and graces of God;”**

**Job 4:1-6**

**(ESV)**

*Eliphaz Speaks: The Innocent Prosper*

*4 Then Eliphaz the Temanite answered and said:*

2

"If one ventures a word with you, will you be impatient?"

Yet who can keep from speaking?

3

Behold, you have instructed many,  
and you have strengthened the weak hands.

4

Your words have upheld him who was stumbling,  
and you have made firm the feeble knees.

5

But now it has come to you, and you are impatient;  
it touches you, and you are dismayed.

6

**Is not your fear of God your confidence,  
and the integrity of your ways your hope?**

**"...aggravating smaller faults;"**

**Matthew 7:3-5  
(ESV)**

3 Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? 4 Or how can you say to your brother, 'Let me take the speck out of your eye,' when there is the log in your own eye? 5 You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

**"...hiding, excusing, or extenuating of sins, when called to a free confession;"**

**Proverbs 28:13  
(ESV)**

13

Whoever conceals his transgressions will not prosper,  
but he who confesses and forsakes them will obtain mercy.

**Proverbs 30:20  
(ESV)**

20

This is the way of an adulteress:  
she eats and wipes her mouth  
and says, "I have done no wrong."

**Genesis 3:12-13  
(ESV)**

12 The man said, "The woman whom you gave to be with me, she gave me fruit of the tree, and I ate."

13 Then the Lord God said to the woman, "What is this that you have done?" The woman said, "The serpent deceived me, and I ate."

**Genesis 4:9  
(ESV)**

9 Then the Lord said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?"

**Jeremiah 2:35  
(ESV)**

35

you say, 'I am innocent;  
surely his anger has turned from me.'  
Behold, I will bring you to judgment  
for saying, 'I have not sinned.'

**2 Kings 5:25  
(ESV)**

25 He went in and stood before his master, and Elisha said to him, "Where have you been, Gehazi?" And he said, "Your servant went nowhere."

**"...unnecessary discovering of infirmities;"**

**Genesis 9:22  
(ESV)**

22 And Ham, the father of Canaan, saw the nakedness of his father and told his two brothers outside.

**"...raising false rumors, receiving and countenancing evil reports, and stopping our ears against just defense;"**

**Exodus 23:1  
(ESV)**

23 "You shall not spread a false report. You shall not join hands with a wicked man to be a malicious witness.

**Proverbs 29:12  
(ESV)**

12

If a ruler listens to falsehood,  
all his officials will be wicked.

**Acts 7:56-57  
(ESV)**

56 And he said, "Behold, I see the heavens opened, and the Son of Man standing at the right hand of God." 57 But they cried out with a loud voice and stopped their ears and rushed together at him.

**Job 31:13-14  
(ESV)**

13

"If I have rejected the cause of my manservant or my maidservant,

when they brought a complaint against me,

14

what then shall I do when God rises up?

*When he makes inquiry, what shall I answer him?*

“...evil suspicion;”

**1 Corinthians 13:5**

(ESV)

*5 Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;*

**1 Timothy 6:4**

(ESV)

*4 he is puffed up with conceit and understands nothing. He has an unhealthy craving for controversy and for quarrels about words, which produce envy, dissension, slander, evil suspicions,*

“...envying or grieving at the deserved credit of any, endeavoring or desiring to impair it, rejoicing in their disgrace and infamy;

**Numbers 11:29**

(ESV)

*29 But Moses said to him, “Are you jealous for my sake? Would that all the Lord’s people were prophets, that the Lord would put his Spirit on them!”*

**Matthew 21:15**

(ESV)

*15 But when the chief priests and the scribes saw the wonderful things that he did, and the children crying out in the temple, “Hosanna to the Son of David!” they were indignant,*

**Ezra 4:12-13**

(ESV)

*12 be it known to the king that the Jews who came up from you to us have gone to Jerusalem. They are rebuilding that rebellious and wicked city. They are finishing the walls and repairing the foundations.*

*13 Now be it known to the king that if this city is rebuilt and the walls finished, they will not pay tribute, custom, or toll, and the royal revenue will be impaired.*

**Jeremiah 48:27**

(ESV)

*27 Was not Israel a derision to you? Was he found among thieves, that whenever you spoke of him you wagged your head?*

“...scornful contempt, fond admiration;”

**Psalms 35:15-21**

(ESV)

15

*But at my stumbling they rejoiced and gathered;*

*they gathered together against me; wretches whom I did not know tore at me without ceasing;*

16

*like profane mockers at a feast, they gnash at me with their teeth.*

17

*How long, O Lord, will you look on?*

*Rescue me from their destruction, my precious life from the lions!*

18

*I will thank you in the great congregation; in the mighty throng I will praise you.*

19

*Let not those rejoice over me who are wrongfully my foes, and let not those wink the eye who hate me without cause.*

20

*For they do not speak peace, but against those who are quiet in the land they devise words of deceit.*

21

*They open wide their mouths against me;*

*they say, “Aha, Aha!*

*Our eyes have seen it!”*

**Matthew 27:28-29**

(ESV)

*28 And they stripped him and put a scarlet robe on him, 29 and twisting together a crown of thorns, they put it on his head and put a reed in his right hand. And kneeling before him, they mocked him, saying, “Hail, King of the Jews!”*

**Jude 16**

(ESV)

*16 These are grumblers, malcontents, following their own sinful desires; they are loud-mouthed boasters, showing favoritism to gain advantage.*

**Acts 12:22**

(ESV)

*22 And the people were shouting, “The voice of a god, and not of a man!” **breach of lawful promises;***

**Romans 1:31**

(KJV)

*31 Without understanding, covenantbreakers, without natural affection, implacable, unmerciful:*

**2 Timothy 3:3**

(KJV)

*3 Without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good,*

**“...neglecting such things as are of good report, and practicing, or not avoiding ourselves, or not hindering: What we can in others, such things as procure an ill name.”**

**1 Samuel 2:24**

**(ESV)**

*24 No, my sons; it is no good report that I hear the people of the Lord spreading abroad.*

**2 Samuel 13:12-13**

**(ESV)**

*12 She answered him, “No, my brother; do not violate me, for such a thing is not done in Israel; do not do this outrageous thing. 13 As for me, where could I carry my shame? And as for you, you would be as one of the outrageous fools in Israel. Now therefore, please speak to the king, for he will not withhold me from you.”*

**Proverbs 5:8-9**

**(ESV)**

8

*Keep your way far from her,  
and do not go near the door of her house,*

9

*lest you give your honor to others  
and your years to the merciless,*

**Proverbs 6:32-33**

**(ESV)**

32

*He who commits adultery lacks sense;  
he who does it destroys himself.*

33

*He will get wounds and dishonor,  
and his disgrace will not be wiped away.*