

***Living a Fruitful Life: Gentleness***  
**Galatians 5:22-23**

Main Point:

Though often misunderstood and neglected, pursue the fruit of gentleness as a disciple of Christ.

1. Gentleness is often misunderstood and neglected.
2. Yet, gentleness is at the core of Jesus' person and works.
3. This means gentleness should describe your demeanor as well.

**Philip Ryken** “The gentle person has a sweet temper of spirit toward God, others, and the daily frustrations of life. He or she is not prone to anger, but humble, sweet, and mild.”

**Jerry Bridges** “Gentleness is an active trait, describing the manner in which we should treat others. Meekness is a passive trait, describing the proper Christian response when others mistreat us.”

**George Bethune** “Perhaps no grace is less prayed for, or less cultivated than gentleness.”

**Matthew 11:29** <sup>29</sup> Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. (NKJV)

**Matthew 12:20** <sup>20</sup> A bruised reed He will not break, And smoking flax He will not quench, Till He sends forth justice to victory; (NKJV)

**Dane Ortlund** “Jesus is not trigger-happy. Not harsh, reactionary, easily exasperated. He is the most understanding person in the universe. The posture most natural to him is not a pointed finger but open arms.”

**Ephesians 4:1-2** <sup>1</sup> I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, <sup>2</sup> with all lowliness and gentleness ... (NKJV)

**Christopher Wright** “Gentleness means being very aware that the other person is a human being with feelings too.”