

Bless the Lord, O My Soul

Of David.

103 ^y Bless the LORD, O my soul,
and all that is within me,

 bless his holy name!

² ^y Bless the LORD, O my soul,

 and ^z forget not all his benefits,

³ who ^a forgives all your iniquity,

 who ^b heals all your diseases,

⁴ who ^c redeems your life from the pit,

 who ^d crowns you with steadfast love and mercy,

⁵ who ^e satisfies you with good

 so that your youth is renewed like ^f the eagle's.

⁶ The LORD works ^g righteousness

 and justice for all who are oppressed.

⁷ He made known his ^h ways to Moses,

 his ⁱ acts to the people of Israel.

⁸ The LORD is ^j merciful and gracious,

 slow to anger and abounding in steadfast love.

⁹ ^k He will not always chide,

 nor will he ^l keep his anger forever.

¹⁰ He does not deal with us ^m according to our sins,

 nor repay us according to our iniquities.

¹¹ For ⁿ as high as the heavens are above the earth,

 so great is his ^o steadfast love toward ^p those who fear him;

¹² as far as the east is from the west,

 so far does he ^q remove our transgressions from us.

¹³ As ^r a father shows compassion to his children,

 so the LORD shows compassion ^p to those who fear him.

¹⁴ For he knows our frame; ⁱ

he ^s remembers that we are dust.

¹⁵ As for man, his days are like ^t grass;
he flourishes like ^u a flower of the field;
¹⁶ for ^v the wind passes over it, and ^w it is gone,
¹⁷ and ^x its place knows it no more.

But ^y the steadfast love of the LORD is from everlasting to everlasting on ^p those
who fear him,
and his righteousness to ^z children's children,
¹⁸ to those who ^a keep his covenant
and ^b remember to do his commandments.
¹⁹ The LORD has ^c established his throne in the heavens,
and his ^d kingdom rules over all.

²⁰ Bless the LORD, O you ^e his angels,
you ^f mighty ones who ^g do his word,
obeying the voice of his word!

²¹ Bless the LORD, all his ^h hosts,
his ⁱ ministers, who do his will!

²² ^j Bless the LORD, all his works,
in all places of his dominion.

^k Bless the LORD, O my soul!