

**Psalm 1 — "Two Ways, Two Destinies. Choose Wisely!"**

"Make the Psalms your constant companion. Keep a copy at hand, keep their words in your mind and heart and lips as you meet the challenges of your days and nights." (Gerald Wilson)

**THESIS — In this *wisdom* psalm, God provides 2 ways, 2 paths, 2 choices, 2 destinies to you — you must make the right choice!**

- I. Follow the Way of the Righteous (1-3) >> "The Happy Way"
- II. Flee the Way of the Wicked (4-5) >> "The Harmful Way"

**I. FOLLOW THE WAY OF THE RIGHTEOUS (1-3)***A. The Happy Way!*

- 1. **what he refuses** — what he departs from (1)

- 2. **what he pursues** — what he delights in (2)

- 3. **how he lives** — how he demonstrates fruit (3)

**II. FLEE THE WAY OF THE WICKED (4-5)***A. The Harmful Way!*

- 1. **unstable** = useless! -v.4

**Prayer Meeting Outline:**

1. Rejoice! - *O God, I praise you for...*
2. Repent! - *Please forgive me for my sin of...*
3. Request! - *I earnestly & humbly ask that you would...*
4. Ready! - *In the battle that will come this week in this particular pressing situation, I need divine supplies of grace to...*

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2. **unprepared** = senseless! v.5

3. **unknown** = hopeless! — v.6

v.6 - conclusion:

1. intimate love of God (the righteous)
2. certain punishment from God (the wicked)

Jesus similarly teaches this “wisdom” — Matthew 7:13-29

**Psalm 1: The Psalter**

*Tune: Come Thou Fount*

Bless-ed is the one who does not walk within the wicked way,  
Nor stand in the path of sinners, nor sit where the scoffers stay.  
But he takes delight in foll'wing what the Lord's law says is right,  
On that law he meditates both in the day and in the night.

He will be just like a tree that's planted by the streams that flow;  
Yielding fruit within its season, leaves that ever healthy grow.  
In all things he does, he prospers; but the wicked are not so;  
They are like the useless chaff that's cast away by winds that blow.

Thus, the wicked will not stand when comes the final Judgment Day;  
Nor will sinners join the gath'ring of the righteous in the Way.  
For the Lord knows well and watches o'er the way the righteous own;  
But the way the wicked choose will perish and be o'erthrown.

**Psalm 1: The Psalter**

*Tune: Amazing Grace*

That man hath perfect blessedness, who walketh not astray  
In counsel of ungodly men, nor stands in sinners' way,

Nor sitteth in the scorner's chair: But placeth his delight  
Upon God's law, and meditates on his law day and night.

He shall be like a tree that grows near planted by a river,  
Which in his season yields his fruit, and his leaf fadeth never:

And all he doth shall prosper well The wicked are not so;  
But like they are unto the chaff, which wind drives to and fro.

In judgment therefore shall not stand such as ungodly are;  
Nor in th' assembly of the just shall wicked men appear.

For why? the way of godly men unto the Lord is known:  
Whereas the way of wicked men shall quite be overthrown.

*Scottish Psalter, 1650*